

**Fire Ed**  
for Years 1/2



**FIRE  
RESCUE**  
**VICTORIA**

## Lesson 5 – Home Fire Escape Plan

### TEACHER BACKGROUND INFORMATION

#### Evacuating Safely

It is important that each household makes a home fire escape plan together and discusses it. Families should practise their plan so that everyone knows what to do in the event of a house fire.

Everyone in each household should:

- Know the quickest, safest ways to escape from any room in their home
- Know to crawl low in smoke (*'Crawl Down Low and Go Go Go'*)
- Agree on a place to meet outside ie a *"Safe Meeting Place"*. This should be away from the smoke and fire, away from traffic and where firefighters can see them upon arrival.
- Ensure all exits are always kept clear
- Know to leave keys in locked doors and security screens when inside
- Know their address and how and when to call Triple Zero (000)

After becoming aware of a fire in their home or being alerted to the presence of smoke by a working smoke alarm, families should put into place their home fire escape plan.

The most important knowledge each young child should have on how to escape a home fire includes:

- The ways to escape from their bedroom
- Crawling low in smoke (*'Crawl Down Low and Go Go Go'*) is safest
- The location of their Safe Meeting Place
- When everyone is at the Safe Meeting Place, they should stay there (*'Get Out and Stay Out'*) and wait for firefighters to arrive. No one should go back any reason, eg. retrieving pets, special toys, money, valuables.

For more information go to: [Home Fire Escape Plan and 000 \(FRV\)](#)

Extra information for those living or staying in a high-rise building:

- know where the fire exits and stairwells are.
- know the evacuation procedures for the building

For more information go to: [High-rise fire safety \(FRV\)](#)

### Essential Question

- What is a home fire escape plan and why is it important for each household to have one?

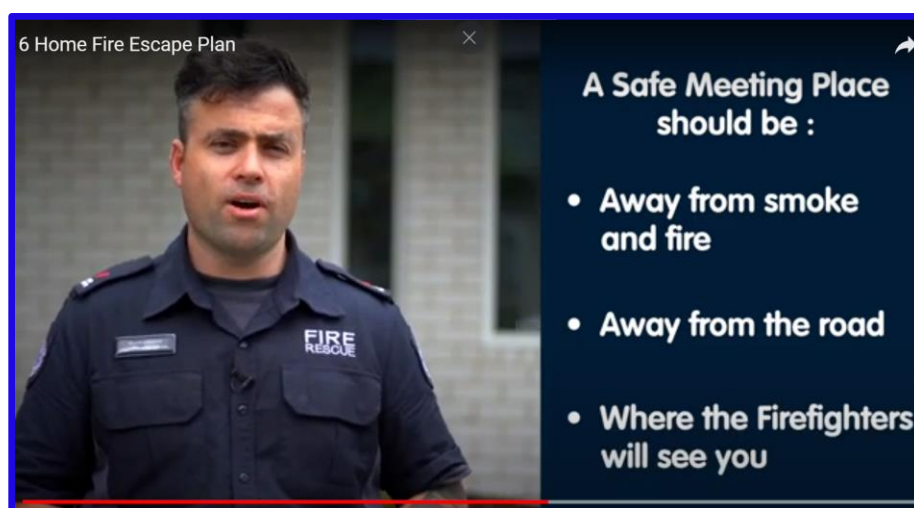
### Key Understandings

- Every household should have a home fire escape plan that includes all exits, and a Safe Meeting Place so they will be better prepared and more likely to safely escape from a fire in their homes
- There are crucial steps that should be followed to safely escape a house fire

### Lesson Steps

Introduce the video by explaining to students that the firefighters in the video will be explaining how to safely escape from their home if there's a fire.

SHOW VIDEO: [Home Fire Escape Plan](#)



### CLASS DISCUSSION –

Display the **SMOKE ALARM POSTER (pdf)** in hardcopy or on a screen OR show an actual smoke alarm to introduce discussion.

- *Why do you think a smoke alarm is an important part of a home fire escape plan?*

A smoke alarm will let us know there is a fire. At night it will wake us up so we can get out quickly.

### ROLE PLAY – Crawling Low in Smoke

Use a real smoke alarm, imitate the sound of a smoke alarm or use a [Smoke Alarm Sound Effect](#) (YouTube video) to practice *Crawl Down Low and Go Go Go*. Students should crawl to the classroom exit door when they hear the smoke alarm.

### CLASS DISCUSSION -

- *Why do we stay low under the smoke?*
- *Where should we go?*
- *What is a Safe Meeting Place?*

## **DRAWING**

Students draw their home and a safe meeting place in their books.

Underneath the drawing, students to write 3 or 4 sentences describing how they would escape from a fire in their home and where their Safe Meeting Place is located.

OR

Students use grid paper to draw their house plan. The plan should include:

- An escape route from each room to an exit using a different colour pencil for each room.
- Two different exits from the home
- A Safe Meeting Place.

The **HOME FIRE ESCAPE PLAN GRID** (pdf) may be downloaded and provided to each student.

## **EXTENSION ACTIVITY**

### **Home Fire Escape Plan Review and Practise**

It is most important that students take their home fire escape plans home to share with family and review together to make any changes needed. This is to ensure all members of the household are familiarised with the plan. FRV recommends families display their home fire escape plan somewhere prominent in their home e.g. on the fridge door.

Families should also be encouraged to practise their plans together.